

## GRAMMAR:

### ADVICE AND SUGGESTION

#### Giving Advice:

|                     |                                                         |
|---------------------|---------------------------------------------------------|
| You should          | try to watch what you eat                               |
| You ought           | to get some rest                                        |
| You'd better        | book a place in the gym                                 |
| If I were you       | I'd try (I would try) to do more exercise               |
| My advice to you is | to go to the doctor's                                   |
| You could           | listen to the radio in order to improve your vocabulary |

#### Making a suggestion:

|                                               |                                                                        |
|-----------------------------------------------|------------------------------------------------------------------------|
| I suggest                                     | a) (that) you (should) cut down on coffee<br>b) cutting down on coffee |
| I recommend                                   | a) (that) you (should) relax a little more<br>b) relaxing              |
| What about/How about<br><br>Why don't you try | a) doing some reading?<br><br>b) doing some reading?                   |
| Have you thought of                           | playing a musical instrument?                                          |
| If I were you                                 | I would go on a holiday                                                |
| I urge you                                    | to become fitter by going swimming.                                    |

It's time....., It's about time....., It's high time.....

After these phrases we use the past simple tense even when we are talking about the present or the future:

a) It's time you went to bed or you need to go to bed now.

It is also possible to use an infinitive with to after it's time if we are speaking in general terms rather than to particular people:

(b) It's time to go to bed- Everybody needs to go to bed now.

## To have/get something done

Compare:

- a) I cut my hair – I did it myself.
- b) I had my hair cut-Someone else did it for me.
- c) I got my hair cut - Someone else did it for me.

(b) Have+object+past participle

(c) Get+object+past participle

Both these forms are used but (b) is more informal than (c).

